



Pedal Together Newsletter

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Chairman’s Message

Written by John Hay

As we reflect on the past year, I am proud of the work done to improve access to recreation for people living with Aphasia and other disabilities. The Trust made approximately \$14,500 from donations, and raised another \$10,000 from other endeavours. This included community fundraising and a contribution from members for our great taste bike trip in Nelson. Due to an unfortunate injury, I was unable to participate in this year's bike ride. However, this unexpected turn of events gave me a unique opportunity to see the incredible efforts behind the scenes to make the trip a success.

Thank you everyone for your support and commitment to our cause.

Nelson Bike Trip

Written by Suzanne Max

What a wonderful week we had together enjoying what Nelson has to offer. Some of the riding highlights were the suspension bridges and board walks to Rabbit Island, transferring over the inlet on the Ferry to Māpua Wharf and going through the Spooners Tunnel that was 1325m long.

We had amazing accommodation at The Beachcomber Hotel and our meals and lunches were prepared by an awesome team of helpers. A huge thank you to all of you who helped make this a great trip and wonderful memory. Without your support we couldn't have achieved all that we did. Don't forget to purchase the 2024 photo book as a memento for this bike ride.





Celebrating our first year as a charitable trust

Our first year has been a remarkable journey, thanks to the generous support we've received from our community. Your contributions, whether through volunteering, donations, or simply spreading the word, have all been part of our success. Although the biking group has been operating for over five years, last year a strategic decision was made to formalise our status by registering as a charity. This transition has opened up a range of opportunities as we can now access grants and public funding, which were previously beyond our reach.



Plans for the next 12 months

Our focus will be on increasing accessibility and encouraging broader participation within our group.

With money raised from donations last year, we were able to purchase a recumbent bike for one of our members. Our fundraising efforts will again concentrate on this as we hope to make more bikes and equipment available for members to have access to. This is key to eliminating the financial barriers that often prevent participation in biking activities. Additionally, we have begun speaking with other community support providers and aim to establish a referral programme to welcome new members into the group. If you happen to know someone who might be interested in joining our group, please feel free to reach out to us.



Fundraising & Events

As we prepare for future fundraising events, we are requesting your assistance. Whether you can help with planning, promoting, or volunteering on the day, every bit of effort makes a difference. Please let us know how you can contribute by contacting Junelle on 027 222 3169 or by emailing aphasia.biking@gmail.com



Upcoming Events

We are having a raffle to sell at New World Prestons on Sunday 16th June. We need volunteers to man the tables from 10am to 3pm.

Stay tuned for more updates in our next newsletter!

A special thank you to:



If you wish to support our biking group, your donation is very much appreciated.

Aphasia & Disability Biking Group Canterbury: 02 0874 0338862 000